



Change Starts at Home

Working with couples to combat IPV in Nepal

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Equal Access

The Context



- 31% of women in Nepal report IPV in their lifetime
- **Social acceptance of violence against women.**
- Silence and toleration inside the home 'to keep family together'
- **Marital rape and rape of sex workers not considered violence.**
- Little or no legal action taken
- **Highly patriarchal society with strong patriarchal social norms, attitudes and behaviours**
- Low social status of women and girls

Project Goals

- Reduce the prevalence of intimate partner violence against women and girls in Nepal
- Create an enabling environment for the reduction of violence
- Identify interventions that will lead to sustainable improvements in the lives of women and girls



The 'Change' Project



Listening, Speaking, Changing



Why Couples?



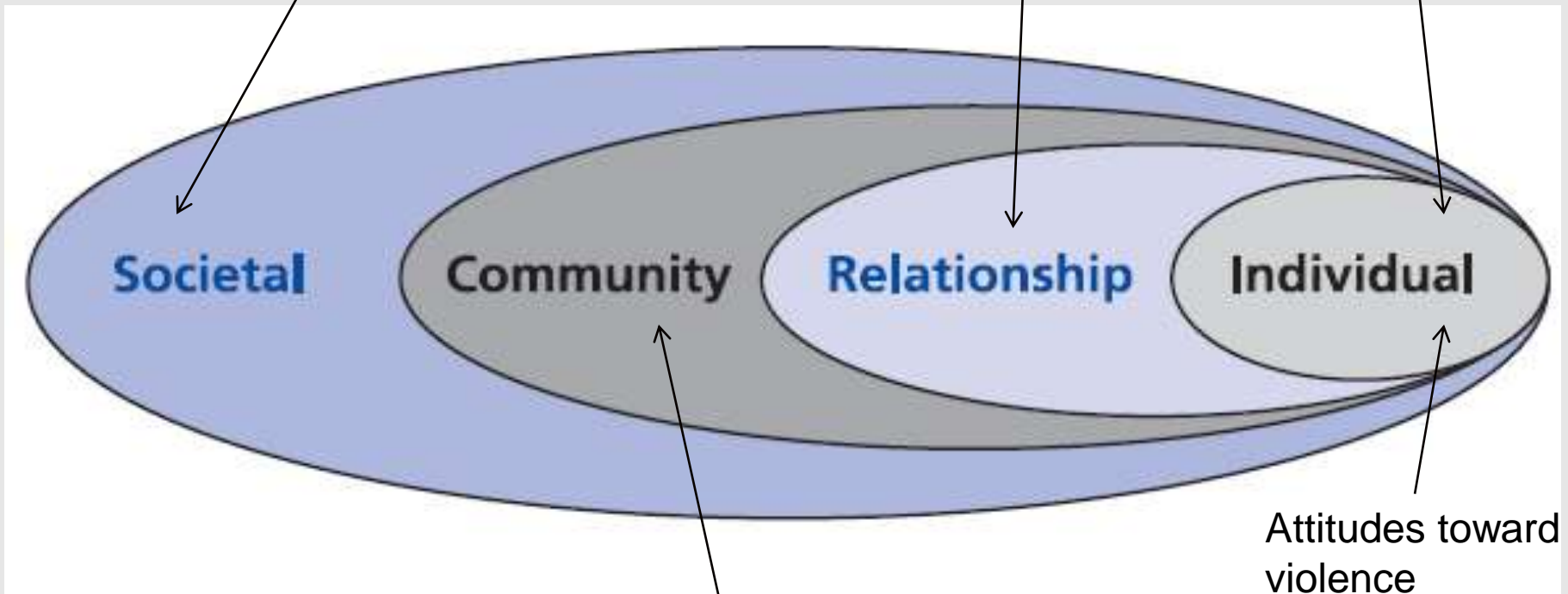


“I thought that it was my duty to fulfil my husband’s sexual desires and many times I have allowed him without my interest...But (since listening to *Samajhdari*) I have started to talk to my husband, breaking my 15 year silence.”

Non-violent conflict resolution

Social Norms related to gender

Life Skills



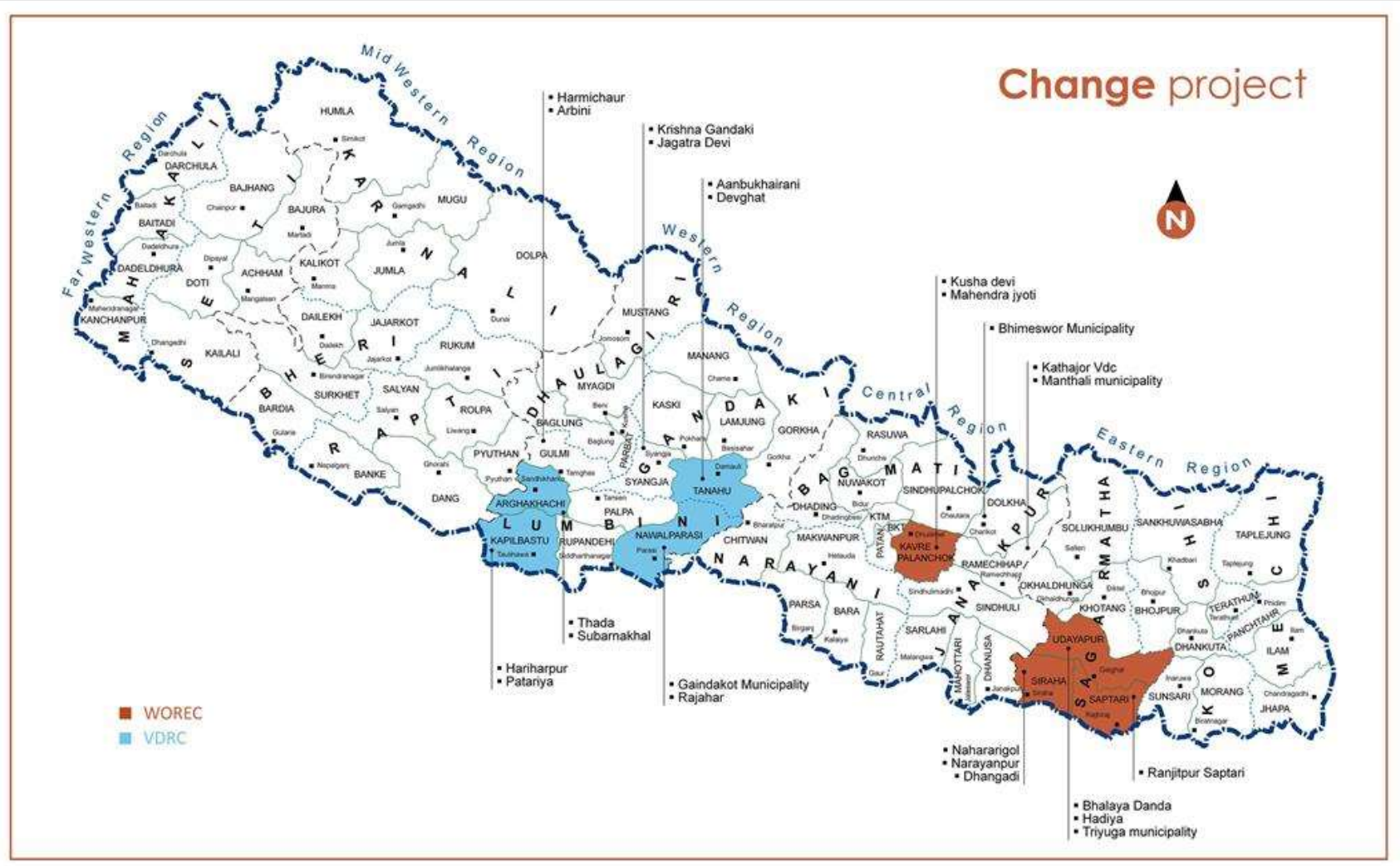
Support for couples from family to
use non-violence

Attitudes toward
violence

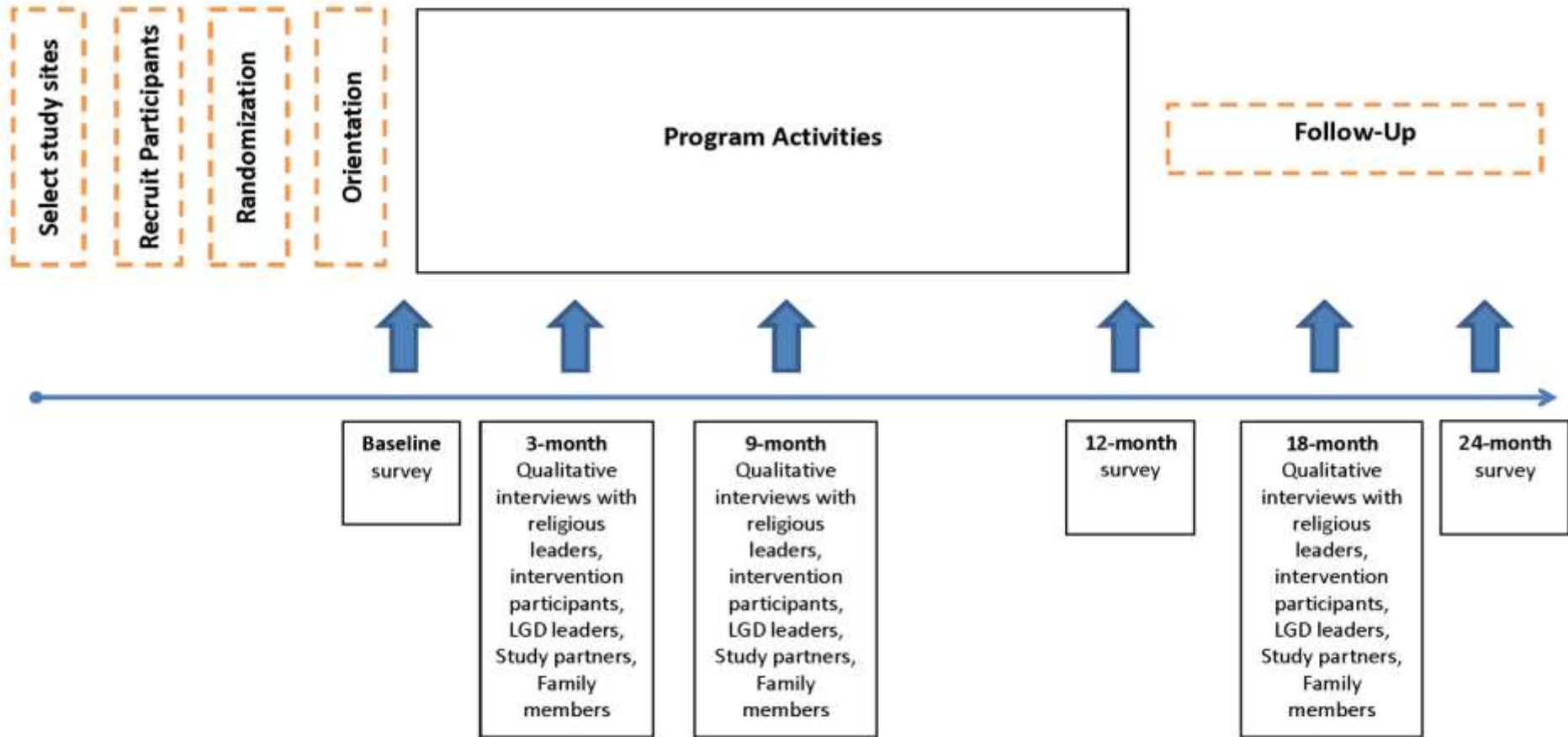
The Study

- RCT testing attitudes & experience of IPV
- 8 districts, 20 matched pairs of communities
- 1200 respondents: 600 intervention, 600 control (all couples, married)
- Intervention groups will be 50% known exposed (LDG) and 50% randomly selected from community.
- Formative: Just Completed, Full Study Dec 2015 – Dec 2017

Project Locations



Research Design



Challenges & Solutions

Challenges

- Safety & Ethics
- Recruitment
- Messaging

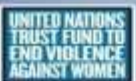
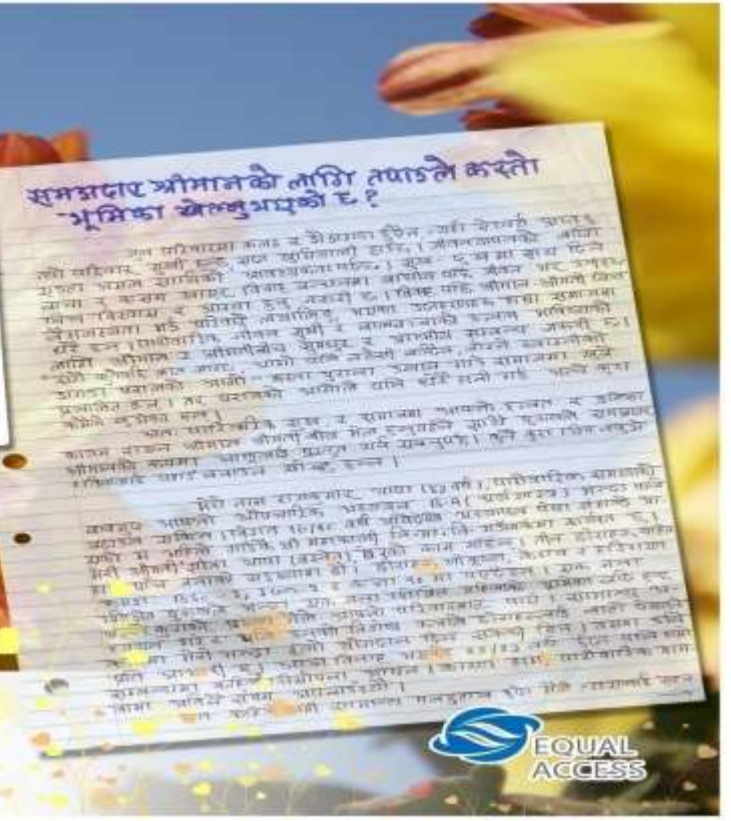
Solutions

- Only asking women violence questions
- Working closely with local partners / support services
- Interviewing women first
- Using Drama & Interactivity
- Male groups, hosts etc
- Focus on life skills
- Pilot testing everything!

Most Understanding Husband



श्री राजकुमार थापा, सिन्धुली,
ईकवल एक्सेस नेपालले आयोजना गरेको "समझदार श्रीमान
प्रतियोगिता" मा उत्कृष्ट हुनुभएकोमा तपाईंलाई हार्दिक धधार्द,
तपाईं र तपाईंकी श्रीमती सीता थापा (धस्वेत) बीचको यो
समझदारी सबैव कायम रहोस् ।



Impact and Uptake



Thank You !!



Questions?